



### **Hopi Ear Treatment**

#### **Pure relaxation...**

This ancient, natural therapy is beneficial for anyone with earache, headache, ear noise, stress or nervousness. It also helps free-up nasal breathing and improve sense of smell.

During a 30-minute session, both ears are treated. Once the ear candle is lit, it creates a light suction action (chimney effect) and the gentle movement of the flame creates a vibration of air in the ear candle, generating a massage-like effect on the eardrum. You simply lie comfortably on one side, close your eyes and feel wonderfully relaxed with a pleasant feeling of warmth and balance of pressure in the ears, forehead and sinuses.

Our qualified therapists provide a safe and effective treatment, using top quality BIOSUN ear candles, which are medical products Class 11a according to the medical device directive 93/42/EEC.

**For relief from pressure and pain, or just a delightful treat – try Hopi...**



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